



Iowa Girls High School Athletic Union

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Iowa High School Athletic Association

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April 30, 2009

To: Athletic Director
Boys Track and Field Coach
Girls Track and Field Coach

Subject: District/Regional Entries and State Meet Qualifying

District/Regional Track and Field Meets for all classes will be held on Friday, May 15. The meets will begin at 4:00 pm.

Online Entries - All entries for the district/regional meets will be done online. The entry deadline for all classes is noon on Wednesday, May 13. **The entries will close promptly at noon.** Coaches should have their entries finalized no later than 11:00 am. Please find below the username and passwords to be used by your boys and girls coach. Please give the coaches one of the enclosed copies of this letter so they have the information.

School Name – Class-District/Regional

BOYS USERNAME -

BOYS PASSWORD -

GIRLS USERNAME -

GIRLS PASSWORD -

Coaches will go to the track and field section of either the Boys Association or Girls Union website. Click on **LINK TO ONLINE DISTRICT REGIONAL ENTRY**. The page that opens will have a list of all the district/regional meet sites. The coach, whether boys or girls, should click on the link to your school's district/regional site. For example, **ANKENY - 4A-1**. This will open the screen where the coach will enter the username and password found above. The coach will need to enter the team roster and then proceed to enter the individual and relay performances and relay personnel. There are options for printing entries and saving without declaring. One word of caution which also appears on the team entry page: **Do not press the "Declare List" button until you are certain your list is complete and accurate. Once you press "Declare List" you will no longer be able to change your entries and the meet director will assume your list is complete.** The entry process is really very simple. If coaches need assistance, they can call David Anderson at the Boys Association or Jason Eslinger at the Girls Union. The online entry system will be operative when you receive this letter.

Quik Stats – District/regional entries will be verified by performances coaches have posted on Quik Stats. Failure to post your performances could result in your athlete not receiving the appropriate seed at the district/regional meet. Please make certain that all of your district/regional entries are posted on Quik Stats.

Scratch Meeting: There will be a final scratch meeting held before the district/regional. Substitutions will be allowed until the completion of the meeting for both individuals and relays. **There will be no substitutions once the meet begins.** The same six names on the final relay entry at the district will be the only six names allowed to compete in that relay at the state meet.

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Just as a reminder, **scratches at the district /regional will not count as an event. Scratches at the state meet will count as an event.** No heat or lane assignments will change because of substitutions made at the scratch meeting. Meet management may choose to combine heats based on scratches and lane availability. **Do not expect to see the changes made by other coaches. This will be a “blind” draw.**

State Meet Qualifiers - BOYS: The top four finishers in each event at the Class 4A districts will advance to the state meet. The top three finishers in each event at the Class 3A and 2A districts will advance. The top two finishers from Class 1A districts will advance to the state meet. **State Meet Qualifier - GIRLS:** The top two finishers and the next twelve best performances statewide from regional place winners will qualify to the state meet in Class 4A. Class 3A and 2A will qualify the top two finishers and the next eight best performances statewide from regional place winners. Class 1A will qualify regional champions and the next twelve best performances statewide from regional place winners. In all classes, potential qualifiers must finish in the top eight places. The tie breaking procedure for girls has been outlined in the 2009 Track and Field District/Regional Manual mailed to each school. **GIRLS STATE QUALIFIERS WILL BE POSTED AT 6:00 PM SATURDAY (May 16).**

State Meet Information - After we have received the district/regional results, we will post a list of the state meet qualifiers on our websites at www.iahsaa.org and www.ighsau.org. You must email immediately, if there are corrections in spelling or grades. With the short turn around, there will be no guarantee regarding program information. Two important things we want to emphasize: **1. If a competitor qualifies for an individual event at the state meet and scratches that event, it does count as an event. 2. The only people eligible for a relay team at the state meet are the six names listed on the final declared district/regional entry.** The packets for the state meet will be sent to all of our schools as soon as they can be prepared by United Parcel Service. There will be a wristband for each competitor, two for coaches, and one for a manager. In the past we have allowed you to come to the infield and get additional wristbands for coaches and then we billed the school. We will no longer do that. If you have more than two coaches, go buy them a ticket and get a reimbursement directly from your school. There will be no correspondence from our office after the district/regional meet. There is nothing you need to do but come to Drake Stadium and enjoy the meet. Please check our websites for additional state meet information.

We are sending this information to all member schools by first class mail to make sure it is in your hands in plenty of time. We feel comfortable with the effort we have made to keep our member schools informed regarding district/regional meets. As we near the district/regional dates, do not hesitate to contact either of our offices with any questions you may have.

Sincerely,

David Anderson
Iowa High School Athletic Association

Mike Dick
Iowa Girls High School Athletic Union